Non-invasive breath analysis for the detection of gastrointestinal disorders with the

Gastrolyzer®



(E 2797



Helping to detect gastrointestinal disorders, one breath at a time.

www.gastrolyzer.com



Contents

Hydrogen Breath Testing (HBT)	4
The role of Methane alongside hydrogen breath testing (HMBT)	5
Gastro ^{+™} Gastrolyzer®	6
Face mask sampling system	7
Mouthpiece sampling system	7
Gastro ^{+™} features and benefits	8
Gastro ^{+™} technical specification	8
Gastro ^{+™} consumables	9
GastroCH ₄ ECK® Gastrolyzer® features	10
GastroCH ₄ ECK® Gastrolyzer®	11
GastroCH₄ECK® features and benefits	11
GastroCH₄ECK® technical specification	12
GastroCH ₄ ECK® consumables	13
GastroCHART™ patient database	14
References	14
Gastrolyzer® forum	15

Hydrogen Breath Testing (HBT)

HBT is a non-invasive, and specific means of diagnosing small bowel sugar malabsorption. HBT makes use of gut bacteria's ability to digest sugars and convert these to hydrogen, which is then absorbed into the blood and can be measured in exhaled breath¹.

The test is commonly used in paediatric and adult gastroenterology departments to diagnose malabsorption of the sugars lactose, fructose and sucrose. It is also used to investigate small intestinal bacterial overgrowth (SIBO)².

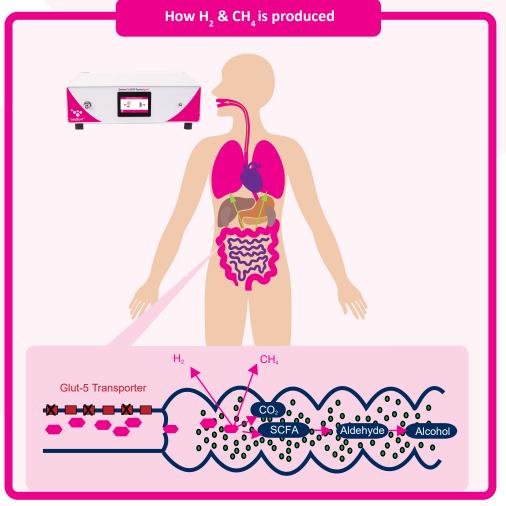
The Gastrolyzer® range is world renowned for delivering accurate hydrogen breath testing, cited by clinical leaders in gastroenterology, such as Robert Heuschkel³ and Way Seah Lee⁴.



The role of Methane alongside Hydrogen Breath Testing (HMBT)

A percentage of patients do not produce hydrogen and therefore would not be diagnosed by the use of HBT alone. The role of GastroCH₄ECK® is to ensure that patients who are non-hydrogen producers, but produce methane or a combination of both, are not misdiagnosed.

"Medical literature shows that the level of methane producers varies by gender and population group, from approximately 33-41%^{5,6,7}"



Gastro+"Gastrolyzer®

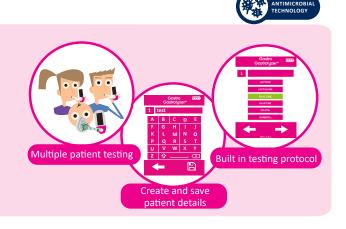
Portable breath Hydrogen monitoring to help diagnose gastrointestinal disorders.





Ideal for:

- Gastroenterologists
- Gastro paediatricians
- Dieticians
- GP's
- Endoscopy departments



The easy to use, complete breath Hydrogen device with 2 sampling modes.

Face mask sampling system

This sampling system is recommended for use with younger or older patients who are unable to cooperate with the test. The Gastro^{+™} is attached to a face mask, which is then placed over the mouth and nose of the patient. Once 'face mask' mode is selected, the Gastro^{+™} will take a real-time reading until the result stabilises. The reading is then held on the screen and can then be saved to a patient profile, downloaded to the GastroCHARTTM database or recorded manually.



Mouthpiece sampling system

This sampling system is recommended for use with adults or patients able to hold their breath for a short period of time. The patient takes a deep breath in, holds, then exhales slowly through a mouthpiece. Within 45 seconds their result will be displayed on the screen and can then be saved to a patient profile, downloaded to the GastroCHART™ database or recorded manually.



Features and benefits

- Easy to use interface
- Maintenance reminders
- Only needs calibrating every 3 months
- Create and store patient details
- Multiple patient testing
- Built in testing protocols with built in countdown timer
- Large touchscreen
- Antimicrobial technology for improved infection control
- Comes with GastroCHART[™] software





Technical Specification:

Concentration range	0 - 500 ppm
Display	Full colour touchscreen
Detection principle	Electrochemical sensor
Repeatability	< 5%
Accuracy	\leq ± 3 ppm / 10% - whichever is greater*
Power	3 x AA (LR6 or equivalent) – up to 1000 minutes 1 x CR2032 Lithium coin cell
T ₉₀ response time	< 40 seconds
Operating temperature	15 - 35°C
Storage/transport temperature	0 - 50°C
Operating/storage/transort pressure	Atmospheric ± 10%
Operating humidity	15 - 90% non-condensing
Storage/transport humidity	0 - 95%
Sensor operating life	2 years
Sensor sensitivity	1 ppm
Sensor drift	< 2% per month
Dimensions	Approx. 37 x 77 x 140 mm
Weight	Approx. 215 g (including batteries)
Materials	Case: polycarbonate/ABS blend Antimicrobial additive D-piece™: polypropylene SteriBreath™ Eco: Paper OneBreath™ Mouthpiece: polypropylene
CO cross interference	< 4%

^{*} Readings of > 200 ppm at temperature between 26 - 35°C can decrease accuracy to 15%.

Consumables

SteriBreath™ Eco mouthpiece: SteriBreath™ Eco mouthpiece is entirely made from paper and therefore it is 100% recyclable and 100% biodegradable, including its packaging. Even better, all the materials are from sustainable sources.



Order code: STERIBREATH-ECO (200 per box)

D-piece™: The D-piece™ is used to attach a SteriBreath™ mouthpiece to the device. The D-piece™ incorporates a one-way valve and an infection control filter, which are proven to remove and trap > 99% of airborne bacteria and > 97% of viruses⁸.

The D-piece™ should be changed every 4 weeks, an automatic reminder will appear on the screen every 28 days.

Order code: D-PIECE-3 (12 per box)

OneBreath™ mouthpieces: The OneBreath™ mouthpiece is a single-use bacterial filter mouthpiece and can be attached directly to the device to take a breath sample. The OneBreath™ incorporates a one-way valve and an infection control filter, which are proven to remove and trap > 99% of airborne bacteria and > 97% of viruses⁸.

Order code: ONEBREATH-MP (250 per box)

Face mask sampling system: This sampling system is single patient use and allows the patient to breathe normally through a face mask in order to produce a breath sample.



Order code: ISSA-V-2 (1 sampling kit)

Small face mask

Suitable for use with infants. Order code: EC60-IM-V

Medium face mask

Suitable for use with adolescent, Order code: EC60-MM-V



Large face mask

Suitable for use with adults. Order code: EC60-AM-V

Calibration kit: The Gastro^{+™} requires calibration every 3 months using 100 ppm H₂ gas, provided as a kit or replacement cylinder.

Order code: 012-14-12010K-V (kit)

012-14-12010-V (replacement cylinder)



GastroCH4ECK® Gastrolyzer® features

Accurate and real-time combined CH₄, H₂, and O₂ monitoring.



Direct line breath sampling for instant results



Breath bag sampling

for simultaneous test of larger groups

Rubber grip feet

to support the weight of the device and 2 smaller back feet, making it easier to view the screen

GastroCH₄ECK° Gastrolyzer°

Hydrogen and methane monitoring to aid in the diagnosis of gastrointestinal disorders.

The GastroCH $_4$ ECK $^{\otimes}$ is a portable breath CH $_4$, H $_2$ and O $_2$ device, which allows health professionals to accurately detect a range of gastrointestinal disorders. An O $_2$ reading is taken to motivate patients to provide an end-tidal sample. If the sample is not adequate, the GastroCH $_4$ ECK $^{\otimes}$ will automatically correct the reading, saving the patient from embarrassment and eliminates the need to carry out another test.

Applications

The GastroCH₄ECK® can be used as an aid to diagnose the following disorders:

- Carbohydrate breakdown deficiency
- Carbohydrate malabsorption
- Lactose intolerance
- Bacterial overgrowth
- Determination of time passage through gut
- Irritable bowel syndrome (IBS)

Features/benefits

- Direct breath sampling line for instant results
- Breath bag sampling for simultaneous testing of larger groups
- Requires calibration just once a month, saving time and calibration gas costs
- Full-colour touchscreen
- Intuitive interface
- No warm-up time
- Maintenance reminders
- Service diagnostic management
- FREE GastroCHART[™] software

"Medical literature shows that the level of methane producers varies by gender and population group from approximately 33-41%^{5,6,7}"

"If you are serious about providing a gold-standard breath testing service, the Bedfont® GastroCH₄ECK® system is essential, as without methane monitoring you will be missing very important clinical information and increase your percentage of false negative tests. It is also very important to map patients symptoms prior to and during the test to make sure the clinical translation of the physiological

findings are maximised."

Dr Anthony Hobson from The Functional Gut Clinic, London, UK.

GastroCH4ECK° Technical Specification:

Concentration range CH _k 0 - 200 ppm Power input Fower input Fower input Fower input Fower input Calibration frequency Every 4 weeks Start-up time Security 10 (a) (a) (b) (b) (b) (c) (c) (c) (c) (c) (c) (c) (c) (c) (c				
Power input	Concentration	CH ₄		0 - 200 ppm
Power input		H ₂		0 - 200 ppm
Table				14 - 23%
Start-up time Start-up ti	Power input			230 V/100 V, 50 Hz - 60 Hz, 0.5 - 1.0 A
Start-up time Size	Fuse			T 3.15 AH
Display Full colour touchscreen Electrochemical sensor (O ₂ & H ₂) Laser (CH ₂) 1 ppm Accuracy	Calibration frequency			Every 4 weeks
Detection principle	Start-up time			≤ 2 minutes
Laser (CH _a) Resolution 1 ppm Accuracy ± 10% of reading 4 pp. Accuracy	Display			Full colour touchscreen
Accuracy # 10% of reading Repeatability	Detection principle			
Accuracy Hamble Mesolution 1 ppm Accuracy 1 10% of reading Repeatability < 5% difference on consecutive readings Accuracy 1 10% of reading Repeatability < 5% difference on consecutive readings Accuracy 1 10% of reading Repeatability < 5% difference on consecutive readings Carbon monoxide constructive feedings Carbon feeding Carbon feedin			Resolution	1 ppm
Accuracy H Accuracy \$\frac{10pm}{2} \frac{10pm}{2} \frac{10pm}		CH ₄	Accuracy	± 10% of reading
Accuracy ## Accuracy ## Energy ## En	Accuracy		Repeatability	< 5% difference on consecutive readings
Repeatability < 5% difference on consecutive readings O2			Resolution	1 ppm
Resolution 0.1% Accuracy ± 10% of reading		H ₂	Accuracy	± 10% of reading
Accuracy ± 10% of reading			Repeatability	< 5% difference on consecutive readings
Repeatability <5% difference on consecutive readings			Resolution	0.1%
Carbon monoxide cross-sensitivity (H ₂ only) < 4% Temperature range Storage D-40°C (32°F-104°F)		0,	Accuracy	± 10% of reading
Temperature range Storage Operating Storage Operating 912 - 1114 mbar (Atmospheric ± 10%) Storage 912 - 1114 mbar (Atmospheric ± 10%) Humidity range Operating Storage 912 - 1114 mbar (Atmospheric ± 10%) Operating 30 - 75% RH (non-condensing) Storage 15 - 90% RH (non-condensing) CH ₄ 5 years O ₂ 2 years O ₂ 2 years Dimensions Approx. 474 x 310 x 135 mm Weight Approx. 8.5 kg Monitor construction Class I ME equipment: (externally powered) Type BF applied part Method of sterilization (not suitable for sterilization) Not suitable for use in an oxygen rich environment Intended for continuous use Response time Verranty GastroCH ₄ ECK® without sensors 15 - 30°C (59°F - 95°F) 10 - 40°C (32°F - 104°F) 912 - 1114 mbar (Atmospheric ± 10%) 912 - 1114 mbar (Atmospheric ± 10%) 913 - 104°F 914 - 104°F 915 - 104°F 916 - 104°F 917 - 104°F 917 - 104°F 918 - 104°F 918 - 104°F 919 - 104°F 919 - 104°F 910 - 104°F			Repeatability	< 5% difference on consecutive readings
Temperature range Storage O - 40°C (32°F - 104°F) 912 - 1114 mbar (Atmospheric ± 10%) Storage 912 - 1114 mbar (Atmospheric ± 10%) Operating 30 - 75% RH (non-condensing) Storage 15 - 90% RH (non-condensing) CH ₄ 5 years O ₂ 2 years Dimensions Weight Approx. 474 x 310 x 135 mm Weight Approx. 8.5 kg Monitor construction Class I ME equipment: (externally powered) Type BF applied part Method of sterilization (not suitable for sterilization) Not suitable for use in an oxygen rich environment Intended for continuous use Response time Verranty GastroCH ₄ ECK® without sensors Operating 912 - 1114 mbar (Atmospheric ± 10%) 912 - 1114 mbar (Atmospheric ± 10%) 913 - 114 mbar (Atmospheric ± 10%) 914 - 114 mbar (Atmospheric ± 10%) 915 - 114 mbar (Atmospheric ± 10%) 916 - 114 mbar (Atmospheric ± 10%) 917 - 114 mbar (Atmospheric ± 10%) 918 - 114 mbar (Atmospheric ± 10%) 919 - 114 mbar (Atmospheric ± 10%) 910 - 114 mbar (Atmospheric ± 10%	Carbon monoxide cross-sensitivity (H ₂ only)		ty (H ₂ only)	< 4%
Storage 0 - 40°C (32°F - 104°F)	Temperature range	Operating		15 - 35°C (59°F - 95°F)
Storage 912 - 1114 mbar (Atmospheric ± 10%)		Storage		0 - 40°C (32°F - 104°F)
Storage 912 - 1114 mbar (Atmospheric ± 10%)				912 - 1114 mbar (Atmospheric ± 10%)
Humidity range Storage 15 - 90% RH (non-condensing) CH ₄ 5 years H ₂ 2 years O ₂ 2 years Dimensions Approx. 474 x 310 x 135 mm Weight Approx. 8.5 kg Monitor construction Class I ME equipment: (externally powered) Type BF applied part Method of sterilization (not suitable for sterilization) Not suitable for use in an oxygen rich environment Intended for continuous use Response time S 45 seconds Warranty GastroCH ₄ ECK® without sensors 2 years	Pressure range	Storage		912 - 1114 mbar (Atmospheric ± 10%)
Storage 15 - 90% RH (non-condensing) CH ₄ 5 years H ₂ 2 years Dimensions Approx. 474 x 310 x 135 mm Weight Approx. 8.5 kg Monitor construction Case: aluminium Class I ME equipment: (externally powered) Type BF applied part Method of sterilization (not suitable for sterilization) Not suitable for use in an oxygen rich environment Intended for continuous use Response time Storage 15 - 90% RH (non-condensing) 5 years Approx. 8.5 kg Class I ME equipment: (externally powered) Type BF applied part Method of sterilization (not suitable for sterilization) Not suitable for use in an oxygen rich environment Intended for continuous use Response time S 45 seconds Varranty GastroCH_ECK® without sensors 2 years	11	Operating		30 - 75% RH (non-condensing)
Sensor operating life H_2	Humidity range			15 - 90% RH (non-condensing)
Operating life H₂ 2 years Dimensions Approx. 474 x 310 x 135 mm Weight Approx. 8.5 kg Monitor construction Class I ME equipment: (externally powered)		CH ₄		5 years
Dimensions Approx. 474 x 310 x 135 mm Weight Approx. 8.5 kg Monitor construction Class I ME equipment: (externally powered) Type BF applied part Method of sterilization (not suitable for sterilization) Not suitable for use in an oxygen rich environment Intended for continuous use Response time 445 seconds 2 years		H ₂		2 years
Weight Approx. 8.5 kg Monitor construction Case: aluminium Class I ME equipment: (externally powered)				2 years
Monitor construction Case: aluminium Class I ME equipment: (externally powered) Type BF applied part Method of sterilization (not suitable for sterilization) Not suitable for use in an oxygen rich environment Intended for continuous use Response time ≤ 45 seconds Warranty GastroCH_ECK® without sensors 2 years	Dimensions			Approx. 474 x 310 x 135 mm
Class I ME equipment: (externally powered) Type BF applied part Method of sterilization (not suitable for sterilization) Not suitable for use in an oxygen rich environment Intended for continuous use Response time Varranty GastroCH_ECK® without sensors Class I ME equipment: (externally powered) Type BF applied part Method of sterilization (not suitable for sterilization) Not suitable for use in an oxygen rich environment Intended for continuous use 2 years	Weight			Approx. 8.5 kg
Type BF applied part Method of sterilization (not suitable for sterilization) Not suitable for use in an oxygen rich environment Intended for continuous use Response time ≤ 45 seconds Warranty GastroCH₄ECK® without sensors 2 years	Monitor construction			Case: aluminium
Warranty GastroCH ₄ ECK® without 2 years sensors	Classification			Type BF applied part Method of sterilization (not suitable for sterilization) Not suitable for use in an oxygen rich environment
sensors	Response time			≤ 45 seconds
CH _a , H ₂ and O ₂ sensors 1 year	sensors		CK [®] without	2 years
			O ₂ sensors	1 year

12 * Subject to maintenance and service.

GastroCH, ECK® Consumables

GastroCH_ECK® mouthpieces: specifically designed with the latest moisture removal and bacterial filtration to remove 99.9% of airborne bacteria from the patient's breath⁸. GastroCH, ECK® mouthpieces are 'per patient use' so can be used for the duration of a patient's testing procedure and disposed of. DO NOT REUSE AFTER THE 1ST DAY OF TESTING.



Order code: GASTROCHECK-MP-XL (box of 250)

GastroCH_ECK® breath bags: specifically designed to capture as much end-tidal air as possible, with a one-way mouthpiece to prevent loss of sample. GastroCH, ECK® breath bags are 'per patient use' so can be used for the duration of a patients testing procedure and disposed of. DO NOT REUSE AFTER THE 1ST DAY OF TESTING.

Order code: GASTROCHECK-BAG-XL (250 breath bags and bag mouthpieces)



Face mask sampling system: this sampling system is single patient use and allows the patient to breathe normally through a face mask in order to produce a breath sample. For use with breath bags.

Order code: ISSA-BB (1 sampling kit)



Small face mask

Suitable for use with infants. Order code: EC60-IM-V

Medium face mask

Suitable for use with adolescent. Order code: EC60-MM-V



Suitable for use with adults. Order code: EC60-AM-V



Moisture removal filters: for use with the breath bag sampling mode. These will last for approximately 150 samples and need to be changed when the filter changes from orange to dark green.



Order code: GASTROCHECK-DESS-XL (pack of 5 moisture removal filters)

Calibration kit: the GastroCH, ECK® requires calibration once per month using 100ppm H₂, 100 ppm CH₄ & 20.9% air provided as a kit or replacement cylinder.



Order code: GASTROCHECK-CAL-KIT GASTROCHECK-CAL -(Replacement cylinder)

GastroCHART[™] patient database (included with every Gastro+[™] & GastroCH, ECK®)

The GastroCHART™ is designed specifically for use with the Gastro^{+™} and GastroCH₄ECK®. With the Gastro^{+™}, the software is integrated and allows the health professionals to save up to 10 patients on the device for satellite breath tests. If the Gastro^{+™} or GastroCH₄ECK® are connected to a PC, readings can be downloaded to an unlimited patient database immediately. The readings can then be shown in tabular format or in a graph to show whether the patient has presented a positive/negative result. Results can be easily printed for the patient to retain and for record in their medical history.



References

- 1. Ledochowski, M. and Ledochowski, L. (2011) Hydrogen Breath Tests. 2nd Edition edn. Austria: Verlag Akademie für Ernahrungsmedizin GmbH.
 2. Eisenmann, A., Amann, A., Said, M., Datta, B. and Ledochowski, M. (2008) 'Implementation and interpretation of hydrogen breath tests', Journal of Breath Research, 2(4)
- 3. Shelley, H., Brennan, M. and Heuschkel, R. (2009) 'Hydrogen breath testing in children: What is it and why is it performed?' Gastrointestinal Nursing, 7(5), pp. 18–27

 4. Lee, W., Davidson, G., Moore, D. and Butler, R. (2000) 'Analysis of the breath hydrogen test for carbohydrate malabsorption: Validation of a pocket-sized breath test analyser',
- Journal of Paediatrics and Child Health, 36(4), pp. 340–342.

 5. Roccarina, D., Lauritano, E. C., Gabrielli, M., Franceschi, F., Ojetti, V. and Gasbarrini, A. (2010) 'The role of methane in intestinal diseases', The American Journal of
- Gastroenterology, 105(6), pp. 1250–1256.

 6.Pitt, P., de Bruijn, K. M., Beeching, M. F., Goldberg, E. and Blendis, L. M. (1980) 'Studies on breath methane: The effect of ethnic origins and lactulose', Gut, 21(11), pp. 951–954.

 7.Di Stefano, M. and Corazza, G. R. (2009) 'Role of hydrogen and methane breath testing in gastrointestinal diseases', Digestive and Liver Disease Supplements, 3(2), pp. 40–43.

 8. Public Health England. An Evaluation of Filtration Efficiencies Against Bacterial and Viral Aerosol Challenges Report No. 17/001(091.010). London: Public Health England, 2017

Join the **Gastrolyzer**® forum today

Did you know purchasing this product entitles you to free membership of the Gastrolyzer® email forum...

What is the Gastrolyzer® email forum?

It is an international, invitation only forum where professionals using the Bedfont® Gastrolyzer® range of devices can communicate and share knowledge.

There is no cost or obligation to participate but membership is free when you purchase a Bedfont® Gastro^{+™} or GastroCH₄ECK® Gastrolyzer® - take advantage and join this exclusive group today!

For more information, please contact forums@bedfont.com.



How does it work?

Signing up is simple and only requires your full name and email address. We will then contact you for your Gastrolyzer* serial number.

Email forums@bedfont.com for more information.



Contact Bedfont® or one of our worldwide **Gastrolyzer®** distributors for a free demonstration.

www.bedfont.com
Tel:+44 (0)1622 851122
E-mail: ask@bedfont.com

Visit www.bedfont.com/resources to view this document in other languages.

Our family, innovating health, for yours.



Bedfont® Scientific Ltd.
Station Road, Harrietsham, Maidstone,
Kent, ME17 1JA England
Tel: +44 (0)1622 851122 Fax: +44 (0)1622 854860
Email: ask@bedfont.com Web: www.bedfont.com

© Bedfont® Scientific Limited 2024

Issue 9 - February 2024, Part No: MKT151_AX
Bedfont® Scientific Limited reserve the right to change or update this literature
without prior notice.
Registered in: England and Wales. Registered No: 1289798



Stephen Rowe Cristimar E4-1 Ave Juan Carlos I Los Cristianos, Arona, 38650 Santa Cruz de Tenerife, Spain



